

PresbyteriaNews

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'Rookie Mistakes'

The ball was laying 2, putting for birdie on a green that looked more like a fresh steamed 1960's hippie carpet than a piece of grass. The professional golfer, Phil Mickelson, approached his final shot with hat high in hand, waving to the crowd like the queen of England. At the time he was ranked #2 in the world, behind the infamous Tiger Woods, and it looked as though he was going to clinch the lead.

His ball was only 4 feet from the cup. All he had to do was stroll up, tap it in, and take the lead. He wasn't nervous. He wasn't cocky. He was focused.

So as Phil walked up to his ball, the crowd went silent on cue. His putter rocked ever so slightly back, shoulders swaying in sync like a decorative counterweight in an old grandfather clock. And as the club kissed the crest of the ball, nobody breathed for fear of ruining the moment. It missed.

You know there's nothing so uniquely comforting and painful like watching a professional athlete make a rookie mistake. It's a moment when the gods of the game descend from their heights for the briefest of moments to blunder like mere mortals. Giving the rest of us hope that maybe we too have something great in us. But the fact of the matter is, we all make rookie mistakes.

The Apostle Paul talks about this in his letter to the Christians in Rome when he says, "I don't understand my own actions. For I do not do what I want, but I do the very thing I hate." He explains that sometimes we simply mess up without thinking, but there's also another reason. Sin.

Oh that word. Just the mention of it triggers people into a defensive posture because they've been bludgeoned with it by those who are far more judgmental than they are kind. It's a word that must be used gently, responsibly, with humility. Because like rookie mistakes, sin is one of those other equalizing factors that we all have in common.

Paul shows us that sin isn't just the bad or evil things that we are a part of, it's an independent negative force that influences what we do whether we know it or not. But it doesn't have to.

Paul also teaches us that we have the Holy Spirit. The breath of God himself. The creative life-force that brought the entire universe into being and raised Jesus from the dead. This is what calls our bodies home. This is our daily companion. Like having a body-builder as a personal assistant.

So when you make those rookie mistakes, forgetting the name of a close friend, blowing through a stop sign, overdrawing on a credit card, I encourage you to invite the breathe of God to be your companion. Invite the Spirit of God to come and teach you the wisdom of the ages. There's no shame in making a mistake. But it is a shame to forget that we have everything we need to thrive as followers of Jesus.



ROSSVILLE PRESBYTERIAN CHURCH

765-379-2801

www.rossvillepresby.org

Office Hours

Monday - Thursday: 9:00A-12:00P & 1:00P-5:00P

Friday: 9:00A-12:00P

These are the people for whom we have been praying most recently. Please check the weekly bulletin for updates to this list. Your prayers are powerful and greatly appreciated.

- Pastor Mike Lyle
- Mitchell Yoder (Wilson Disease)
- Marian Smith (memory)
- Brenda Weflen (cancer)
- Jeff Olson (cancer)
- Mike Urick (cancer)
- Jack Coffin (lungs, fatigue)
- Jeff Hardesty (back)
- Braxton Bassett (HLH)
- Logan (cancer)
- Krista Robeson (lymphoma)
- Michele Houser (ankle)
- Julie Elly Shannon (accident)
- Linda Bodine (ankle)
- Joseph Puccio (accident)
- Linda Osborne (cancer) Susan Lynn's sister
- Family of Barbara Eller, Tim Eller's sister
- Peggy Abbott (surgery recovery)
- Gene Remaly (blood clot)



But if we hope for what we do not see, we wait for it with patience. Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

Romans 8:25-27 NRSV

WEEKLY PRAYER FOCUS

August 4

- Rossville Presbyterian Church Personnel
- Rossville Presbyterian Church Volunteers
- Rossville Presbyterian Church

August 11

- Steven & Lora Gordon
- Jacob & Klayton Perkins
- Royal Center, Center Presbyterian Church

August 18

- Ryan & Amy Goris
- Maury & Diane Oglesby
- Schererville Immanuel Presbyterian Church

August 25

- Thelma Gray
- David & Ginny Murphy
- Schneider United Presbyterian Church

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### September 1

- Dick & Dinah Hackerd
- Doug & Tiffany Ticen
- South Bend First Presbyterian Church

### September 8

- Kevin & Tina Hall
- Rossville Religious Education
- South Bend Memorial Presbyterian Church

### September 15

- Nathan Hartje
- ROCK
- South Bend Sunnyside Presbyterian Church

### September 22

- Max & Betty Unger
- Tom & Kristen Miller
- South Bend Westminster Presbyterian Church

### September 29

- Phil & Debby Hodson
- Steve & Stacy Miller
- Synod of Lincoln Trails

## CARING FOR OTHERS

Members of our church family currently in assisted living and nursing homes:

|                   |                               |
|-------------------|-------------------------------|
| Virginia Cottrell | Milner Health Care, Rossville |
| Pat Garrett       | McKinney Place, Logansport    |
| Phyllis Kamstra   | Milner Health Care, Rossville |
| Marian Smith      | Milner Health Care, Rossville |

## PARISH NURSE CORNER

By Jan Sandos, RN, Parish Nurse

Jeremiah 30:17 – “For I will restore health to you and heal you of your wounds, says the Lord.”

### DEEP VEIN THROMBOSIS, A SILENT DANGER

Deep vein thrombosis (DVT) remains a frequently under-diagnosed condition with serious consequences. DVT occurs when a blood clot forms in a deep vein, such as in the thigh, pelvis, or lower leg, and causes partial or total obstruction of blood flow. This condition can prove fatal if the clot detaches, travels to the lungs and blocks blood flow in the vessels of the lungs.

Predisposing factors for DVT include diabetes, obesity and advanced age; it is most common in adults over age 40, but can occur in any age group. In women, the first 12 weeks after giving birth is a particularly high-risk period. Prolonged periods of inactivity, including hospitalization; smoking; lengthy air or car travel are some common DVT triggers.

Typical symptoms of DVT include acute pain in the calf, swelling, discoloration, and warmth. Your doctor will look to these symptoms for a diagnosis, in conjunction with a physical examination and imaging tests (ultrasound, venography, and MRI).

Many patients can prevent DVT through lifestyle changes such as becoming more active, exercising regularly, avoiding prolonged periods of bed rest, not staying in the same position in bed, and increasing consumption of fluids. During a flight or on a long car ride, getting up and walking frequently, along with flexing and pointing your toes, are common measures we all can take to prevent DVT. Controlling obesity, diabetes, and smoking can also minimize the risk of DVT.

Treatments options include vascular elastic compression stockings, which work well for many patients and are available at most pharmacies. Pneumatic compression boots are beneficial for patients hospitalized or confined to home. For patients undergoing surgery, oral administration of Coumadin is common. Baby aspirin may be administered daily for some patients.

While DVT is a very serious condition that can strike at any age, the important message is that it can be prevented in many people. Awareness and advocacy are the most effective tools to lessen the impact of this condition.

Atul Laddu, MD, PhD, FACC, author, Taken from [HealthyLivingMadeSimple.com](http://HealthyLivingMadeSimple.com)

### BIBLE QUIZ

- 1 How many books are in the Old Testament?
- 2 How many books are in the New Testament?
- 3 What type of wood was used to build the ark?
- 4 Who was the tax collector Jesus told to come down from the tree?
- 5 How many loaves of bread and how many fish were used to feed the five thousand?



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- 1 Thirty-nine.
  - 2 Twenty-seven.
  - 3 Gopher wood.
  - 4 Zacchaeus.
  - 5 Five loaves and two fish.

**Rossville Presbyterian Church**

5434 W State Rd 26

Rossville IN 46065



**AUGUST-SEPTEMBER 2019**

**AUGUST AND SEPTEMBER 2019 CALENDAR**

|                  |        |                        |                     |        |                      |
|------------------|--------|------------------------|---------------------|--------|----------------------|
| <b>August 04</b> | 9:45A  | Fellowship             | <b>September 01</b> | 9:45A  | Fellowship           |
| <b>August 04</b> | 10:15A | Worship                | <b>September 01</b> | 10:15A | Worship              |
| <b>August 04</b> |        | Family Dinner          | <b>September 03</b> | 7:30P  | Session              |
| <b>August 06</b> | 6:00P  | Session                | <b>September 08</b> |        | <b>SEEDS OF HOPE</b> |
| <b>August 11</b> |        | <b>FOOD PANTRY</b>     | <b>September 08</b> | 9:45A  | Fellowship           |
| <b>August 11</b> | 9:45A  | Fellowship             | <b>September 08</b> | 10:15A | Worship              |
| <b>August 11</b> | 10:15A | Worship                | <b>September 08</b> | 3:00P  | Milner Worship       |
| <b>August 13</b> | 3:30P  | Worship Ministry Team  | <b>September 11</b> | 3:30P  | Worship Min Team     |
| <b>August 18</b> | 9:45A  | Fellowship             | <b>September 15</b> | 9:45A  | Fellowship           |
| <b>August 18</b> | 10:15A | Worship                | <b>September 15</b> | 10:15A | Worship              |
| <b>August 18</b> |        | Congregational Meeting | <b>September 19</b> | 7:00P  | Property & Maint     |
| <b>August 25</b> | 10:30A | Summer's End Worship   | <b>September 22</b> |        | <b>NEWSLETTER</b>    |
| <b>August 29</b> | 1:00P  | Euchre                 | <b>September 22</b> | 9:45A  | Fellowship           |
|                  |        |                        | <b>September 22</b> | 10:15A | Worship              |
|                  |        |                        | <b>September 22</b> | 5:00P  | Church Movie Night   |
|                  |        |                        | <b>September 26</b> | 1:00P  | Euchre               |
|                  |        |                        | <b>September 29</b> | 9:45A  | Fellowship           |
|                  |        |                        | <b>September 29</b> | 10:15A | Worship              |

